

The Child and Youth Counselling Programme is a free and confidential service and provides:

- ◆ Child and Youth Counselling
- ◆ Group Counselling
- ◆ Liaison and consultation with other agencies
- ◆ Information and referral
- ◆ Community education and professional training
- ◆ Resources



WHO CAN USE THE SERVICE?

The service is free and confidential and open to all people of all backgrounds between 4 - 17 years. We can arrange interpreters if required.

Useful Contact Numbers

| | |
|---------------------------------|-------------|
| 24 hr Domestic Violence Service | 1800 811811 |
| Crisis Care | 1800 177135 |
| Kid's Helpline | 1800 551800 |
| Lifeline | 131114 |
| YETI | 4051 4927 |
| Youthlink | 4031 6179 |
| Centacare | 4051 9511 |

 Cairns Regional
Domestic Violence Service

Room 19, 600 Bruce Hwy
Woree 4868

Phone: (07) 4033 6100

Fax: (07) 4033 5863

Email: office@dvcairns.org

www.dvcairns.org

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As Kids See It

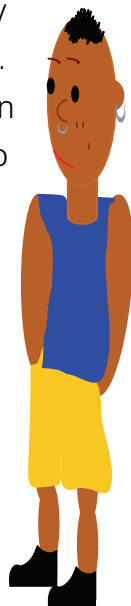


A counselling program for children & adolescents when family breakdown has occurred and conflict results.



How can counselling help?

There is no doubt that children and young people are adversely affected by witnessing conflict. Research suggests that children and young people exposed to domestic conflict situations may be traumatized well into their adult lives, with negative effects on their behaviour, emotions and relationships. Counselling can assist to alleviate these detrimental effects, provide better ways of coping in the future and assist in the development of a positive identity.



Counselling commonly covers issues such as protective behaviours, dealing with anger/aggression/conflict, adjustment to parental separation/divorce, grief and loss, self-esteem, living in a blended family, effective communication including assertiveness.

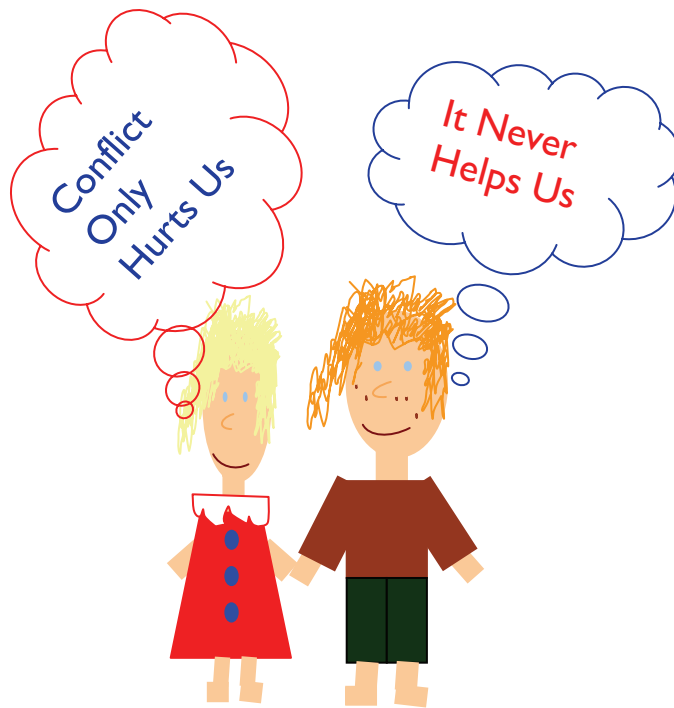


If home is where the hurt is...

Call (07) 4033 6100

Counselling and support for children and young people

The Child and Youth Counsellor provides face to face counselling for children and young people, aged 4 to 17, who may have been affected by domestic and family conflict. The number of counselling sessions varies according to need but may be long term. Telephone support is also offered to children and young people attending counselling.



*That Is Why We Go To The AKSI Program
They Understand 'As Kids See It'.....*

Information and Referral

The Child and Youth Counsellor can provide information about children and young people affected by family conflict, as well as give information on appropriate organizations for referral.



Community Education and Professional Training

The Child and Youth Counsellor is available to participate in and present community awareness and education programmes as well as provide specific training in working with children and young people affected by family conflict.

Consultation & Resourcing

The Child and Youth Counsellor is available to consult with counsellors and staff in other agencies who are working with children and young people affected by family conflict. They are also available for facilitating group work, training and/or support to service providers who work with children and young people.

