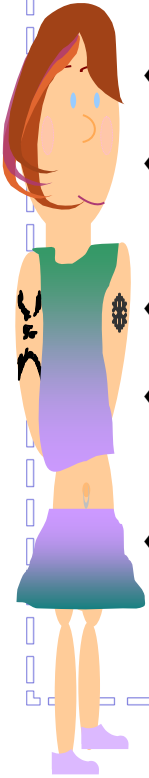


The Child and Youth Counselling Programme is a free and confidential service and provides

- ◆ Child and Youth Counselling
- ◆ Group Counselling
- ◆ Liaison and consultation with other agencies
- ◆ Information and referral
- ◆ Community education and professional training
- ◆ Resources



## WHO CAN USE THE SERVICE?

The service is free and confidential and open to young people of all backgrounds aged between 4 - 17 years. We can arrange interpreters if required.

Kid's Helpline	1800 551 800 kidshelpline.com.au
The Line	theline.com.au

## Service Locations

Suite 2 Level 2  
88 Abbott Street  
**Cairns** 4870  
Phone: 4033 6100

15 Beatrice Street  
**Atherton** 4883  
Phone: 1300 909 250

Shop 3/159 Walsh Street  
**Mareeba** 4880  
Phone: 4092 3290

Shop 1, 4-14 Mill Street  
**Mossman** 4873  
Phone: 4098 1974

[www.dvcairns.org](http://www.dvcairns.org)

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Providing Services to  
Cairns, Tablelands and Mossman

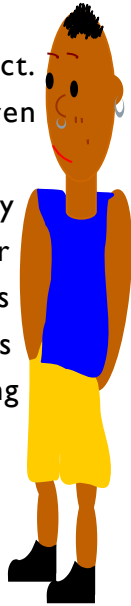
# As Kids See It



A counselling program for children & adolescents when family breakdown has occurred and conflict results

## How can counselling help?

There is no doubt that children and young people are adversely affected by witnessing conflict. Research suggests that children and young people exposed to domestic conflict situations may be traumatized well into their adult lives, with negative effects on their behaviour, emotions and relationships. Counselling can assist to alleviate these detrimental effects, provide better ways of coping in the future and assist in the development of a positive identity.



Counselling commonly covers issues such as protective behaviours, dealing with anger/aggression/conflict, adjustment to parental separation/divorce, grief and loss, self-esteem, living in a blended family, effective communication including assertiveness.



**If home is where the hurt is...**

**CRDVS can help**

## Counselling and support for children and young people

The Child and Youth Counsellor provides face to face counselling for children and young people, aged 4 to 17, who may have been affected by domestic and family conflict. The number of counselling sessions varies according to need but may be long term. Telephone support is also offered to children and young people attending counselling.



*That Is Why We Go To The AKSI Program  
They Understand 'As Kids See It'.....*

## Information and Referral

The Child and Youth Counsellor can provide information about children and young people affected by family conflict, as well as give information on appropriate organizations for referral.

## Community Education and Professional Training

In the Cairns area, the Child and Youth Counsellor is available to participate in and present community awareness and education programmes as well as provide specific training in working with children and young people affected by family conflict.

## Consultation and Resourcing

The Child and Youth Counsellor is available to consult with counsellors and staff in other agencies who are working with children and young people affected by family conflict. They are also available for facilitating group work, training and/or support to service providers who work with children and young people.

